

OUR LOCATIONS



Westchester County, NY

New Rochelle: 914-235-1888 • Purchase: 914-253-8070
 Sleepy Hollow: 914-631-3053 • Tuckahoe: 914-961-2515
 White Plains: 914-949-3888 • Yonkers: 914-963-8588
 Yorktown: 914-245-2681

Putnam and Rockland Counties, NY

Carmel: 845-279-9500 • West Nyack: 845-727-1370

Orange and Dutchess Counties, NY

Fishkill: 845-896-1809 • Newburgh: 845-562-0760
 Poughkeepsie: 845-471-4086

New York City

Bayside: 718-631-8899 • Bay Ridge: 718-748-5225
 Bay Ridge West: 718-833-0515 • Bronx: 718-863-4366
 East Side: 212-722-5570 • Gramercy: 212-679-3499
 Park Slope: 718-208-4449 • Staten Island: 718-370-0072
 Wall Street: 212-571-0355 • West Side: 917-441-7824

Nassau County, NY

Garden City: 516-222-1881 • Garden City West: 516-739-1097

Bergen County, NJ

Englewood: 201-567-2771 • Hackensack: 201-883-1062
 Oradell: 201-722-9850

Morris, Hudson and Passaic Counties, NJ

Parsippany: 973-394-1818 • Hoboken: 201-792-1109
 Wayne: 973-633-0808

Middlesex and Somerset Counties, NJ

Edison: 732-549-3934 • Old Bridge: 732-679-7575
 Somerville: 908-722-1022

ENT AND ALLERGY ASSOCIATES, LLP

ENT and Allergy Associates, LLP is the largest and most comprehensive Ear, Nose, Throat and Allergy practice in the United States. We are a team of over 105 dedicated physicians with 33 offices, serving patients in Westchester, Putnam, Orange, Dutchess, Rockland and Nassau counties in New York, New York City (NYC-Manhattan) and Somerset, Morris, Bergen, Hudson and Passaic Counties in New Jersey.

We pride ourselves on the individualized attention each patient receives. An unparalleled team of ENT and Allergy subspecialists provides our patients with seamless and coordinated care for all of their ENT and allergy needs.

Our physicians are recruited from the finest residency programs in the country. The practice utilizes state-of-the-art clinical equipment to ensure the highest quality of care. We offer prompt scheduling of appointments, in addition to evening and weekend hours at many locations.

Our referring physicians enjoy direct lines of communication and preferred scheduling, so that their patients will always benefit from both the continuity of coordinated care, and the comprehensive medical attention they expect.

When patients look for quality healthcare close to home, ENT and Allergy Associates is the group they, and their referring physicians, can depend on.

Corporate office:

ENT and Allergy Associates, LLP
560 White Plains Road
Tarrytown, New York 10591
914-333-5801



Affiliated with The Mount Sinai Medical Center



Allergy, Asthma and Immunology



ABOUT OUR ALLERGY SERVICES

Our allergy services are offered as part of ENT and Allergy Associates, LLP, the largest ear, nose and throat, allergy and audiology private practice in the tri-state area. Our office locations include Westchester, Putnam, Orange, Dutchess, Rockland and Nassau counties in New York, New York City (NYC-Manhattan) and Somerset, Morris, Bergen, Hudson and Passaic counties in New Jersey.

Our offices are conveniently located, and we provide evening, early morning and Saturday office hours. While regular office visits are by appointment only, we make every effort to accommodate patients who may need immediate medical attention. Our allergists see both pediatric and adult patients for evaluation and treatment of the full spectrum of allergic disorders, including:

- ▶ allergic and non-allergic rhinitis
- ▶ asthma
- ▶ urticaria (hives) and angioedema
- ▶ food allergy (includes peanut allergy testing)
- ▶ drug allergy
- ▶ latex allergy
- ▶ venom (bee sting) allergy
- ▶ allergic disorders of the eye
- ▶ contact and atopic (eczema) dermatitis
- ▶ sinusitis

The allergist will often work closely with the ENT physician since many ear, nose, and throat disorders are triggered by allergic disease.



Better living through better allergy care.



ABOUT ALLERGENS AND ALLERGIC REACTIONS

Allergens are microscopic substances which can trigger an allergic response. Common airborne allergens include tree, grass and weed pollen, mold spores, animal dander and saliva, and dust mites. Other substances can trigger allergic reactions, including foods, insect venoms, latex and medications.

Allergies may be inherited, and it has been estimated that allergies occur in 25 to 30 percent of the U.S. population. Allergic individuals produce a specific type of antibody, called immunoglobulin E, or IgE. The IgE molecules reside on the surface of cells called mast cells, which are widely distributed throughout the body, particularly in the nose, eyes, lungs and gastrointestinal tract. When allergens come into contact with these IgE molecules, the mast cells release histamine and other chemical substances designed to help you “fight off” these unwanted foreign particles. This leads to the familiar symptoms of allergy, including sneezing, itchy eyes, nose and mouth, and runny nose.

Allergic individuals can also develop a wide range of other symptoms, including wheezing, headache, itching and hives, swelling, cough, postnasal drip, fatigue, nasal congestion and gastrointestinal disturbances. Allergies can lead to more complicated disorders, including chronic sinusitis, nasal polyps, rhinitis, asthma, eczema, and urticaria (hives). Some substances may produce serious reactions, including foods, medications and insect stings.

Allergic disorders account for a large percentage of work and school absences, loss of productivity in the workplace, and adversely impact quality of life for a significant number of people. Fortunately, advances in both diagnosis and treatment options have made it possible to effectively help the majority of allergy patients to control their allergies and lead more productive lives.

Our allergists will take a detailed medical and environmental history to determine which unique aspects of your lifestyle may be contributing to your allergy symptoms.

CONCERNED ABOUT ASTHMA?

Many people with asthma also have allergies, and it is thought that allergic inflammation of the airway may underlie many cases of asthma. Symptoms of asthma include wheezing, shortness of breath, cough and/or chest tightness. Other asthma triggers include cold air, stress, tobacco smoke, viral infections, heartburn, chronic sinusitis, exercise, and irritant vapors and pollutants.

Allergy testing provides a comprehensive and accurate means of determining the specific substances you may be reacting to. For those patients whose asthma is triggered by allergens, treatment of the underlying allergy can significantly improve symptoms and keep asthma under good control. A variety of new generation asthma medications are now available that target different components of the asthmatic reaction. Allergy injections have also been shown to be highly effective in the treatment of asthma.

QUESTIONS ABOUT RHINITIS?

Rhinitis, or inflammation of the nasal passageways, can be caused by a variety of factors. Allergic rhinitis can be seasonal or perennial. Seasonal allergic rhinitis is caused by tree, grass and weed pollen, and mold spores. Chronic allergic rhinitis is caused by exposure to animal dander, dust mites, or indoor molds. Symptoms include runny nose, sneezing, itchy and watery eyes, and itching of the palate or throat.

Another common cause of rhinitis symptoms, called vasomotor or nonallergic rhinitis, is caused by overactivity of nerves in the nose, and can be triggered by exposure to strong odors, changes in temperature and humidity, and other changes in the physical environment. It is often difficult to differentiate allergic from nonallergic rhinitis. Allergy testing can help to determine if the symptoms are being caused by an allergy. Effective treatments are available for both types of rhinitis. Allergic rhinitis responds well to environmental control measures and medications. In some cases, allergy injections may be recommended.