

OUR LOCATIONS



Westchester County, NY

New Rochelle: 914-235-1888 • Purchase: 914-253-8070
 Sleepy Hollow: 914-631-3053 • Tuckahoe: 914-961-2515
 White Plains: 914-949-3888 • Yonkers: 914-963-8588
 Yorktown: 914-245-2681

Putnam and Rockland Counties, NY

Carmel: 845-279-9500 • West Nyack: 845-727-1370

Orange and Dutchess Counties, NY

Fishkill: 845-896-1809 • Newburgh: 845-562-0760
 Poughkeepsie: 845-471-4086

New York City

Bayside: 718-631-8899 • Bay Ridge: 718-748-5225
 Bronx: 718-863-4366 • East Side: 212-722-5570
 Gramercy: 212-679-3499 • Staten Island: 718-370-0072
 Wall Street: 212-571-0355 • West Side: 917-441-7824

Nassau County, NY

Garden City: 516-222-1881 • Garden City West: 516-739-1097

Bergen County, NJ

Englewood: 201-567-2771 • Hackensack: 201-883-1062
 Mahwah: 201-825-6200 • Oradell: 201-722-9850

Morris, Hudson and Passaic Counties, NJ

Parsippany: 973-394-1818 • Hoboken: 201-792-1109
 Wayne: 973-633-0808

Middlesex and Somerset Counties, NJ

Edison: 732-549-3934 • Old Bridge: 732-679-7575
 Somerville: 908-722-1022

ENT AND ALLERGY ASSOCIATES, LLP

ENT and Allergy Associates, LLP is the preeminent and most comprehensive ENT, Allergy and Audiology practice in the tri-state area. We are a team of over 100 dedicated physicians with 30 offices, serving patients in Westchester, Putnam, Orange, Dutchess and Rockland counties, New York City and Northern New Jersey.

We pride ourselves on the individualized attention each patient receives. An unparalleled team of ENT and Allergy subspecialists provides our patients with seamless and coordinated care for all of their ENT and allergy needs.

Our physicians are recruited from the finest residency programs in the country. The practice utilizes state-of-the-art clinical equipment to ensure the highest quality of care. We offer prompt scheduling of appointments, in addition to evening and weekend hours at many locations.

Our referring physicians enjoy direct lines of communication and preferred scheduling, so that their patients will always benefit from both the continuity of coordinated care, and the comprehensive medical attention they expect.

When patients look for quality healthcare close to home, ENT and Allergy Associates is the group they, and their referring physicians, can depend on.

Corporate office:

ENT and Allergy Associates, LLP
560 White Plains Road
Tarrytown, New York 10591
914-333-5801



Affiliated with The Mount Sinai Medical Center



**Seasoned professionals
 on the leading edge
 of healthcare.**

**Dedicated to
 clinical excellence,
 one patient at a time.**



EAR, NOSE AND THROAT

The expert physicians at ENT and Allergy Associates provide the most advanced and comprehensive diagnoses and treatments for a wide variety of ear, nose, and throat disorders in **both adult and pediatric patients**. These include:

▶ Ear Symptoms/Conditions:

Hearing loss, Ringing in the Ears/Tinnitus, Dizziness/Motion Sickness/Vertigo (Meniere's Disease), Neuro-Otology Issues, Ear pain/drainage-External ear infection (swimmer's ear), Earache/Fluid in the ears/Otitis Media, Ear Wax.

▶ Nasal Symptoms/Conditions:

Nosebleeds, Deviated septum, Nasal polyps, Sinus infections/Sinusitis, Post nasal drip, Endoscopic Sinus Surgery, Balloon Sinuplasty™

▶ Throat Symptoms/Conditions:

Sore throat/difficult swallowing, Hoarseness, Chronic cough, Snoring/sleep apnea, Laryngology issues.

▶ Other Symptoms/Conditions:

Headaches, TMJ, Thyroid conditions, Head and neck cancers, Skull Base Surgery.

▶ Pediatric Symptoms/Conditions:

Ear infections, Nasal congestion, Enlarged turbinates, Tonsil and adenoid infections, Chronic tonsillitis, Hearing loss, Tongue-tie.

ALLERGY

ENT and Allergy Associates is the premier allergy practice in the tri-state area. Our allergists work hand-in-hand with our ENT specialists to provide patients with state-of-the-art medical care, including quicker diagnosis and treatment. We treat the full spectrum of allergic diseases in **both adult and pediatric patients**. These include:

- ▶ Asthma
- ▶ Urticaria (hives) and angioedema (swelling)
- ▶ Food allergy
- ▶ Drug allergy
- ▶ Bee sting allergy
- ▶ Allergic disorders of the eye
- ▶ Contact dermatitis
- ▶ Atopic dermatitis (eczema)
- ▶ Latex allergy
- ▶ Immunologic disorders (recurrent infections)

ADVANCED FACIAL PLASTICS

Advanced Facial Plastic Surgery is a division of ENT and Allergy Associates that provides cosmetic as well as non-surgical facial plastic procedures to both adults and children. Our highly trained and experienced facial plastic surgeons perform cosmetic (aesthetic) procedures and computer imaging consultations in the following areas:

- ▶ Mini and full facelifts, neck lifts, cheek lifts
- ▶ Upper and lower eyelid surgery (Blepharoplasty)
- ▶ Rhinoplasty (nose reshaping surgery)
- ▶ Facial implants (chin, pre-jowl, cheeks)
- ▶ Endoscopic browlift/mini browlifts
- ▶ Chin surgery (mentoplasty)
- ▶ Repair of prominent ears (otoplasty)
- ▶ Skin resurfacing (laser, chemical peels)

Non-surgical, appearance enhancing options include:

- ▶ BOTOX® to smooth wrinkles and treat excessive sweating
- ▶ Restylane®, Radiesse™, CosmoDerm™ and CosmoPlast™ to smooth lines and grooves and augment lips
- ▶ Sculptra to help restore your youthful appearance
- ▶ Prescription skin care products
- ▶ Treatment of aging (brown) spots
- ▶ Sclerotherapy (treat spider veins)
- ▶ Laser hair removal

HEARING SERVICES

At ENT and Allergy Associates, our audiology division is populated by expert audiologists, state-licensed and certified by the American Speech and Language Association. We provide a comprehensive range of services, including full-service diagnostic hearing tests, dizziness and balance screenings, and state-of-the-art hearing aids. Instruments offered include:

- ▶ Receiver-In-the-Ear (RITE)
- ▶ In-the-Ear (ITE)
- ▶ In-the-Canal (ITC)
- ▶ Completely-In-the-Canal (CIC)
- ▶ Behind-the-Ear (BTE)
- ▶ Assistive listening devices
- ▶ Musician's ear plugs
- ▶ Swim plugs

SLEEP SERVICES

ENT and Allergy Associates offers the most advanced sleep diagnostic services available today, beginning with the benchmark standard for diagnosing most sleep disorders, the SLEEP STUDY. This is a non-invasive study that measures sleep patterns, oxygen, EKG, muscle tone and will diagnose sleep apnea. Treatments for sleep apnea include CPAP (device to keep airway open), surgery, and oral appliances. The sleep study is conducted overnight in one of our sleep centers, located in:

▶ Bergen (NJ)

Englewood Hospital and Medical Center

▶ Putnam

Putnam Hospital Center

▶ Westchester

White Plains Hospital Center
Phelps Memorial Hospital

▶ Manhattan

NY Eye & Ear infirmary

MINI CT SCAN

The physicians of ENT and Allergy Associates are leaders in the use of Mini CT scans, which provide advanced x-ray technology to create cross-sectional images of the sinus and temporal bones. ENT and Allergy Associates has located its Mini CT scanners in our White Plains, Yorktown, Bronx and West Nyack offices. Mini CT scans are safe, quick, comfortable, and convenient, and offer numerous advantages, including:

- ▶ Faster diagnosis
- ▶ High-resolution digital images
- ▶ Point-Of-Care CT scanning
- ▶ 40-second **adult** scans
- ▶ 20-second **pediatric** scans
- ▶ Compatible with most image guided surgery systems
- ▶ Significantly reduced radiation dose
- ▶ Improved patient care

